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ABSTRACT

This booklet presents 28 model programs for dealing with substance abuse which are currently used in New Jersey public schools. These programs are arranged in three categories based on the services which they provide: prevention (an attempt to avoid substance abuse problems before they appear); intervention (helping abusers who risk developing serious problems); and treatment (helping individuals who may be dysfunctional because of substance abuse). Multi-faceted programs which combine the previous three categories are also described. Prevention programs are further divided into programs which focus on (1) substance abuse; (2) tobacco and smoking; and (3) social adjustment. Information on each program includes program title; type; a brief description of the program; appropriate grade level; New Jersey districts using the program; and the name, address, and phone number of the person or agency who can be contacted for more information. An appendix lists individuals and agencies dealing with substance abuse in New Jersey. (DPO)

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PROGRAM MODELS FOR THE PREVENTION, INTERVENTION AND TREATMENT OF STUDENT SUBSTANCE ABUSE

CG018478

PROGRAM MODELS FOR THE PREVENTION, INTERVENTION AND TREATMENT OF STUDENT SUBSTANCE ABUSE

Saul Cooperman
Commissioner of Education

New Jersey State Department of Education
225 West State Street
Trenton, New Jersey 08625

CG 018478

May 1984

PTM No. 400.13

STATE OF NEW JERSEY
DEPARTMENT OF EDUCATION
CN 500
TRENTON, N.J. 08625-0500

OFFICE OF THE COMMISSIONER

Schools have the significant task of dealing with the issue of student substance use. Without a united effort by school faculty and administration and the community at-large, we can do little to solve the problems associated with alcohol and drug use. Also, educators understand that substance use can interfere with learning and it may influence disruptive behavior as well. Schools must be a place in which learning can thrive and in which each student can achieve academically.

New Jersey is addressing the problem of substance abuse by students through an interdepartmental effort. The Departments of Health and Education offer guidelines to school districts in several ways:

- Regional Substance Abuse Planning Forums -- These forums coordinate the resources of the Departments of Health and Education to assist school districts in comprehensively planning for and implementing viable programs, curricula, and policy in this area.

- A Desk Reference Manual on Student Drug and Alcohol Use: A Comprehensive Planning Guide for School Administrators -- This manual serves as a resource guide for school decision-makers. Within a planning context of needs assessment and evaluation, development of policy and selection of curricula and programs are discussed.

- Program Models for the Prevention, Intervention and Treatment of Student Substance Abuse -- This compendium presents brief descriptions of curricula and programs pertinent to students potentially or actually involved with alcohol, drugs and tobacco. It references New Jersey schools using these models and provides other information.

- Targeted Training/Statewide In-Service -- Districts that desire to enhance their policy, curricula and programs, as well as select and evaluate these projects, will be given assistance from the regional curriculum services units. The RCSUs provide training and coordinate resources from the Departments of Education and Health.

Through this four-part approach, it is hoped that schools will provide an atmosphere conducive to student achievement and promote healthy, quality living.

Sincerely,

Saul Cooperman
Commissioner

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The programs described herein are presented as examples and are not to be credited with either the endorsement or sponsorship of the New Jersey State Department of Education.

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INTRODUCTION

This document has been compiled to assist local districts in their search for adequate ways to deal with the problems of substance abuse. The purpose of this compendium is two-fold.

1. It is to serve as a resource for use by Regional Curriculum Services Unit personnel when providing substance abuse in-service programs and assistance to local district personnel.

2. It is to serve as a program information guide for district personnel seeking to initiate, expand or improve local programs.

Basic information and reference data have been provided for each of the 28 programs included. Most of these models are currently in use in New Jersey schools and communities and represent a variety of grade levels, approaches and costs. They were identified by members of the Drug and Alcohol Planning Committee comprised of staff from the New Jersey State Departments of Health and Education.* The committee selected models from those local district programs which have been operating for several years with a high rate of success. The listing, however, is not indicative of all the programs that are in operation throughout the state.

In addition to programs currently used in New Jersey schools and communities, four National Diffusion Network (NDN) programs are included. These programs have passed the Joint Dissemination Review Panel (JDRP), which is comprised of education and evaluation experts from the U.S. Department of Education. Programs approved by this panel have demonstrated that they are effective in the school in which they were developed or field tested and that they can be used in other schools. The NDN programs listed in this publication are entitled CASPAR (Cambridge and Somerville Program for Alcohol Rehabilitation), Me-Me, Inc., Ombudsman, Primary Grades Health Curriculum Project and the School Health Curriculum Project.

This document represents only one portion of the department's comprehensive plan to provide substance abuse information and technical assistance to local school districts. Other activities include:

- preparation of a drug and alcohol Desk Reference Manual on Student Drug and Alcohol Use: A Comprehensive Planning Guide for School Administrators which will provide district personnel with general information necessary to respond to the problems of substance abuse.

*See appendix, page 45, Drug and Alcohol Initiative Interdepartmental Planning Committee

- scheduling of regional planning forums to address prevention issues, local district planning, legal matters, and the availability of technical assistance and other resources.

- provision of training and technical assistance in the implementation or expansion of substance abuse prevention, intervention and treatment programs.

Since the causes of substance abuse, whether direct or indirect, are present in our society, drug and alcohol prevention programs that start in the early grades and continue through the high school years are deemed most effective in establishing habits, attitudes, standards and values needed for positive decision making during adolescence.

Any program considered for adoption by a school district should be carefully reviewed and selected in terms of what best meets the needs of that particular school district or community. Some questions which school administrators and teachers may want to ask when they select programs for implementation include:

- Are we aware of the role the school can play in preventing substance abuse, or are we attempting to dismiss this as a problem outside of the school?

- Can we differentiate between drug and alcohol education that emphasizes information and that which teaches students responsible decision making?

- Are we familiar with the teaching methods deemed most effective by teachers and other professionals in the substance abuse prevention field?

- Are we familiar with federal, state and community resources that are available to help a local school district develop an effective program?

- Do we encourage community and school programs that foster the fullest compliance with state drinking laws?

- Have we established mutually supportive working relationships with health-related agencies and organizations?

- Do we recognize the need for parent involvement and parent education?

- Do we have an adequate budget for acquiring the learning aids and curriculum resource materials needed to teach substance abuse prevention effectively?

TYPES OF PROGRAMS

Information for each of the program models that follow includes the program title and type; a brief overview; data on districts that have developed or are using the program; and contact persons. Additional information on treatment, intervention and prevention programs is available from the County Councils on Alcoholism, the Narcotics and drug abuse agencies and the County Alcoholism Coordinators as listed on pages 45-48 in the appendix.

Programs are arranged in three categories according to the services they provide: prevention, intervention and treatment. Programs that address all three types of services are listed under the heading, "multi-faceted."

Prevention Programs attempt to guide students through a sequence of activities and learning experiences designed to enhance decision making for life situations. The objective of prevention programs is to enable the student, through education, to avoid problems related to substance abuse before symptoms of problems appear.

Intervention Programs recognize the existing substance use/abuse and behavior problems of students and attempt to halt their progress. The objective of intervention programs is to identify substance abusers who seem at higher than average risk of developing problems and to enable them to modify their behavior to minimize the risk or obtain early treatment if necessary.

Treatment Programs recognize that individuals may be dysfunctional because of drug, alcohol or other problems and attempt to implement the necessary medical/psychological treatments.

Multi-faceted Programs provide a combination of prevention, intervention and treatment activities and services that deal with student problems, staff training, education programs, and parent and community involvement.

PREVENTION PROGRAMS
SUBSTANCE ABUSE

TITLE: HERE'S LOOKING AT YOU, TWO **GRADES:** K – 12

TYPE: PREVENTION SUBSTANCE ABUSE

DESCRIPTION: Developed in the Seattle, Washington school district in 1975, Here's Looking at You, Two is an alcohol and drug abuse prevention program that was selected as a model program by The National Institute of Alcohol Abuse and Alcoholism. It is currently implemented in 43 states and seven foreign countries. The program meets the following criteria of the National Institute on Alcohol Abuse and Alcoholism: a coordinated curriculum for grades K-12 which is sequential and designed to achieve a cumulative effect over time; a teacher training component; specific drug and alcohol information; high quality, easy to use materials; a mechanism for evaluation; and allows for incorporation of up-to-date information.

The program provides increasingly sophisticated alcohol-related material at each grade level to match cognitive and affective student development. Curriculum materials emphasize the development of health coping skills and decision making. The program philosophy incorporates the belief that the incidence of alcohol and drug abuse problems among youth will decrease if youths have a great degree of self-esteem; are better able to cope with life problems; have current facts about alcohol, other drugs, and chemical dependency; and are more skilled in handling personal relationships. The curriculum is divided into seven grade-level groupings. (1) Kindergarten and first grade, (2) Second and third grades, (3) Fourth grade, (4) Fifth grade, (5) Sixth grade, (6) Junior High (grades 7-9), (7) Senior High School (grades 10-12).

A 300-page teacher training manual, used in the 30-hour training program, covers all phases of the program. The cost of the program varies with the grade levels used and the price of films and other materials. The program may be used as a health education program or may be integrated into other subject area courses.

Additional information on costs may be obtained from the contact agency listed below or your county council on alcoholism.

DISTRICTS CURRENTLY USING THE PROGRAM: Toms River, Union Township, Manchester Township, Northern Valley Regional, East Windsor, Haddon Township

CONTACT: Roberts, Fitzmahan and Associates
9131 California Ave. S.W.
Seattle, Washington 98136
206-932-8409

Dorothea Harmsen
New Jersey State Department of Health
Program Specialist - Division of Alcoholism
129 East Hanover Street
Trenton, New Jersey 08625
609-292-0729

TITLE: CAMBRIDGE AND SOMERVILLE PROGRAM FOR ALCOHOL REHABILITATION – CASPAR **GRADES:** 3 – 12

TYPE: PREVENTION SUBSTANCE ABUSE

DESCRIPTION: This program provides small group workshops for elementary and secondary teachers, guidance counselors and administrators. Games, role playing, discussion and other techniques help participants evaluate their own feelings, separate fact from myths on alcohol and alcoholism, and understand the dynamics of alcoholism as a family illness. Effective methods for teaching about alcohol are also explored.

The program attempts to create an atmosphere in which students can discuss their views and problems openly. Permanent changes in drinking attitudes as well as decreased incidents of drunken behavior are long term goals requiring sequential education over a period of years. Since youthful drinking patterns reflect community and adult values and practices, the most effective educational approach is a comprehensive program touching all possible segments of the community.

As a school and community project, CASPAR offers a field tested curriculum, "Decisions about Drinking," for grades 3-12. It also provides basic and advanced alcohol education courses for teachers in grades 3-12, and school and community based education workshops. Training for selected high school students who can become peer leaders and training-consultation for staffs or local youth service agencies are an important asset of the program. Another advantage of this model is the school community steering committee which works toward raising community awareness about substance abuse.

A teacher's guide (grades 3-12) contains sequential modules for 10 one-hour teaching periods at each grade level. The curriculum can be used in health education, history, psychology and English classes.

Documentation of successful results of the CASPAR program are apparent in the following areas:

- The organization of a comprehensive prevention network for youth.
- Peer leadership, teacher, community leader training.
- Demonstration of changed drinking related knowledge, attitudes and behavior of CASPAR trained peer leaders and teachers.

This program was chosen as a National Diffusion Network (NDN) program in 1982. Information on cost factors, procedures for adopting, and technical assistance are available from the New Jersey NDN State Facilitator, or the contact listed below.

DISTRICTS CURRENTLY USING THE PROGRAM: None presently in New Jersey

CONTACT: Lena Di Cico, Director
Caspar Alcohol Education Program
225 Highland Avenue
Somerville, Massachusetts 02143
617-623-2080

TITLE: ME – ME, INC. **GRADES:** K – 6

TYPE: PREVENTION SUBSTANCE ABUSE

DESCRIPTION: A drug prevention education program for grades 2-6, Me/Me, Inc. was developed as an ESEA Title III Project. It is designed to increase students' feelings of self-worth, their decision making ability, their attitudes toward proper and improper use of drugs, and their information about drugs. Although the activities are appropriate for all elementary level students, Me/Me has also been adapted to fit the needs of kindergarten and first grade students.

The Me/Me Program deals with students' low self esteem and their inability to make decisions. It is based on the premise that if these conditions can be rectified early, youngsters will have less need to turn to drugs or alcohol later. The program believes that a prevention program must start before the problem develops. This is accomplished through activities that improve self-concept along with the skills necessary in the decision making process. Children progress from simple decision making in the early grades to more complex matters in later grades. Presenting students with situations where they must decide whether to go along with their friends or with their own choices clarifies the influences of peer pressure. Drug education information is presented in a decision making context.

Training for teachers consists of a one-day session conducted by project staff or a designated trainer. Project staff assist in monitoring the program during the first year.

The Me/Me Program may be incorporated within the regular curriculum. Teachers are expected to use the program activities at least thirty (30) classroom hours or (60) half-hour classroom periods during the school year. The impact of the program on students can be evaluated by teachers by meeting the evaluation requirement established by the developer/demonstrator.

Two teachers' manuals contain information on all program areas except drugs. Activities are categorized for either primary or intermediate grade levels; some are group-oriented while others are designed for individual completion by students. A set of materials for teachers includes either the Primary Level and Drug Information manuals or the Intermediate Level and Drug Information manuals.

The program received national validation and is being funded through the U.S. Department of Education as a federally validated developer/demonstrator project. Information on cost, procedures for adopting, and technical assistance are available from the New Jersey NDN State Facilitator, or the contact listed below

DISTRICTS CURRENTLY USING THE PROGRAM: Ridgefield - Slocum/Skewes School

CONTACT: Artie Kearney - Executive Director
Me-Me, Inc.
South Linwood Avenue
Appleton, Wisconsin 54911
414-735-0114

TITLE: OMBUDSMAN **GRADES: 5 – 6**

TYPE: PREVENTION SUBSTANCE ABUSE

DESCRIPTION: The Ombudsman program is an educational curriculum model for students in grades five through six. It is designed to prevent drug abuse by moving students in a positive direction away from high risk states which, research shows, are correlated to frequent use of drugs. High-risk states include: rebelliousness, negative social attitude, low value of school, poor student-teacher relationships, lack of family cohesiveness, low self-esteem, and attitudes favoring drug use.

The Ombudsman program is built on the premise that, to be effective, it must help individuals meet their needs in a motivational, non-chemical manner by enhancing self-awareness; teaching skills such as communication, decision-making, and problem solving; and developing an awareness of personal alternatives and of community resources. Accordingly, its three main phases are: self-awareness (33 activities), communication (35 exercises) and project-outreach, which incorporates skills learned in the first two phases in planning and carrying out projects within the school and community. The program must be presented in the classroom at least two hours per week for a full semester, and can be conducted by either classroom teachers or other professional or school personnel. A two-and-one-half to three-day training session for at least eight professionals is required prior to implementation. Staff training can take place at the adoption site or the project home site.

Since 1974, each Ombudsman class has been evaluated using a pre/post "high risk" inventory. Results indicate that Ombudsman has the potential to affect "high risk" correlates of frequent use of drugs. Additional evaluation shows that Ombudsman students had improved attendance records and grade point averages when compared to control groups.

Information on cost factors, procedures for adoption, and technical assistance is available from the New Jersey National Diffusion Network State Facilitator, and the contact listed below.

DISTRICTS USING THE PROGRAM: Not presently in use in New Jersey.

CONTACT:

Jill Spencer
Charlotte Drug Education Center
1416 E. Moreland
Charlotte, North Carolina 28204
704-336-3211

TITLE: CHUG **GRADES:** 2 – 5

TYPE: PREVENTION SUBSTANCE ABUSE

DESCRIPTION: An alcohol/traffic safety education program for children in grades 2-5, CHUG presents information about alcohol and the effects of its excessive use, in a non-threatening setting. A small kit contains materials such as the following for a brief (eight lessons) elementary alcohol education program: filmstrips, teachers' guides, posters, cards, activity sheets and CHUG iron-on decals.

The CHUG program is divided into two parts for early elementary and upper elementary grades. The early elementary program is entitled, "Too Much of Anything is No Good" and the upper elementary program is called "As The Vision Blurs." The program emphasizes that the excessive use of anything is not good. Its lesson plans are suggested as a guide and resource for the teacher. The CHUG program comprises ideas and activities for teachers to use with students as they introduce the concept of alcohol use and abuse.

Cost information may be obtained from Learning Systems, Inc. or the New Jersey Office of Highway Safety.

DISTRICTS CURRENTLY USING THE PROGRAM: The New Jersey Office of Highway Safety distributed the curriculum to 2800 elementary schools in New Jersey in 1981. Districts using the materials include: Carlstadt, Wenonah, Alpha, Farmingdale.

CONTACT: FLI Learning Systems, Inc.
P.O. Box 2233
Princeton, New Jersey 08540
609-446-9000

TITLE: STOP AND THINK **GRADES:** 7 – 12

TYPE: PREVENTION SUBSTANCE ABUSE

DESCRIPTION: The program centers around three episodes dealing with teenage drug and alcohol abuse, and is presented in the film "Stop and Think." Curriculum activities include the analysis of alcohol advertising, courtroom procedures, state laws dealing with driving while under the influence, and the effect of alcohol on the human body. The Stop and Think Teacher Guide contains detailed lesson plans, suggestions for teachers, and pre and post-test materials. The kit is available to local school districts from a number of county based alcoholism councils which, in many cases, provide in-service training for teachers using the materials. The program may be purchased from FLI Learning Systems.

DISTRICTS CURRENTLY USING THE PROGRAM: Wall Township, Brick Township, Point Pleasant Beach High School, Parsippany-Troy Hills High School

Kits were provided by county councils on alcoholism to all 7-9 grade schools in Monmouth, Morris, Ocean, Hunterdon, and Mercer counties.

CONTACT: County Councils on Alcoholism or

FLI Learning Systems Inc.,
P.O. Box 2233
Princeton, New Jersey 08540
(609) 466-9000

TITLES: STARTING EARLY
AL – CO – HOL
ALCOHOL COUNTERMEASURES FOR HIGH SCHOOL DRIVER EDUCATION

TYPE: PREVENTION SUBSTANCE ABUSE

Recognizing the need for early intervention in the growing alcohol problem among young people, the Automobile Association of America (AAA), sponsored the development of a comprehensive alcohol education curriculum by Dr. James L. Maffett, Teachers College, Columbia University, which focuses on alcohol and traffic safety for grades K-6.

Individual teacher guides are available for each elementary grade (K-6) and for the junior and senior high school programs. AAA has field tested both the elementary and junior high programs, and can provide evaluation information if requested.

Training for teachers who use the program, is also available through the AAA, with curriculum material and training activities offered at little or no cost. Film and other A.V. materials may be borrowed or purchased through the local AAA agencies.

Program information is available from the safety/public relations department of local or regional American Automobile Association offices.

STARTING EARLY **GRADES: K – 6**

DESCRIPTION: An elementary school program, Starting Early presents five lessons for each of seven modules on alcohol awareness. The activities, related to the child's real world, explore attitudes on drinking and provide opportunities to respond to alcohol related situations. Lessons increase in complexity in each grade and build on activities of earlier lessons. Objectives, techniques, and context are appropriate for each grade level. Because the program is highly structured, specific time limits are required for each of the 5 lessons (30 minutes for grades 1-3, and 45 minutes for grades 4-6).

AL – CO – HOL **GRADES: 6 – 8**

DESCRIPTION: This junior high school program provides students with role playing, discussion group, and game playing activities. Five lessons, each 45 minutes long, are designed for grades 6-8 modules. Students work in teams which monitor their progress through a point system built into the program and also do assignments outside the school.

ALCOHOL COUNTERMEASURES FOR HIGH SCHOOL DRIVER EDUCATION **GRADES: 9 – 12**

DESCRIPTION: The senior high school program, Alcohol Countermeasures for High School Driver Education, assists students in reducing their chances of becoming involved in driving-while-intoxicated incidents. Stressing mature, responsible decisions about drinking and driving, the program offers informational, alternative, and behavioral approaches.

DISTRICTS CURRENTLY USING THE PROGRAMS: Distributed in Bergen, Essex and Union County.

CONTACT:

Rita S. Weiss, Educational Consultant
AAA Traffic Safety Department
8111 Gate House Road
Falls Church, Virginia 22047
703-AAA-6344

Local AAA Representative

PREVENTION PROGRAMS
TOBACCO AND SMOKING

TITLES: EARLY START TO GOOD HEALTH
HEALTH NETWORK
CIGARETTE SMOKING: TAKE IT OR LEAVE IT
WHO'S IN CHARGE HERE (HIGH SCHOOL)

TYPE: PREVENTION TOBACCO/SMOKING

The American Cancer Society has developed programs on tobacco and smoking which are described below. The curriculum materials are available to schools without cost, upon request from the local units of the American Cancer Society. Films are loaned gratis for short periods, and filmstrips are available on short term or permanent loan.

EARLY START TO GOOD HEALTH **GRADES: K – 3**

DESCRIPTION: The program is designed to show that young persons can improve their health by adopting positive health habits. Emphasis is placed on not smoking. The teaching kit includes a four-unit filmstrip program which emphasizes how the body works, the importance of a positive self-image, positive health habits, and making choices. The filmstrip units are organized by grade level - one for each grade, K-3. Available in record or cassette versions, the kits include a filmstrip, a teachers' guide, wall charts and five preprinted masters for each of the units.

HEALTH NETWORK **GRADES: 4 – 6**

DESCRIPTION: The Health Network program, designed for students in grades four through six, has three units keyed to a filmstrip which follows a TV format and carries a pro-health, anti-smoking message. The three-unit filmstrip teaching kit helps prepare students for decision-making on matters concerning their own health. Each unit contains a six-minute filmstrip, teacher guide, repromasters and a cassette or record.

CIGARETTE SMOKING: TAKE IT OR LEAVE IT **GRADES: 7 – 9**

DESCRIPTION: Designed for the upper elementary and junior high school grades, the filmstrip deals with smoking and other health decisions encountered by students. The kit includes a teachers guide, overhead transparencies, and take home pamphlets. The cancer society provides other health related kits, pamphlets, films, filmstrips, posters and displays.

WHO'S IN CHARGE HERE **GRADES: 9 – 12**

DESCRIPTION: An anti-smoking film focusing on the immediate effects of cigarette smoking uses a documentary format to depict the problems that are related to an individual's health.

Additional information and procedures for obtaining materials are available from the local or area offices of the American Cancer Society.

DISTRICTS CURRENTLY USING THE PROGRAM: Program materials have been widely distributed and used in schools throughout New Jersey.

CONTACT:

Shirley M. Greene, New Jersey Division -
American Cancer Society
CN 2201, 2600 Rt. 1
North Brunswick, New Jersey 08902
201-297-8000

TITLES: PRIMARY GRADES HEALTH CURRICULUM PROJECT
SCHOOL HEALTH CURRICULUM PROJECT

TYPE: PREVENTION TOBACCO/SMOKING

THE PRIMARY GRADES HEALTH CURRICULUM PROJECT **GRADES: K – 3**

DESCRIPTION: The program is designed to help students develop a positive self-image, reduce risk taking behavior, and increase their desire to maintain a healthy body. Although the program's initial intention was to fight smoking at an early age, it has developed into an innovative health education curriculum, using a hands-on, self-discovery method along with selected materials and lesson plans. Teacher training information is also available.

Developed by the American Lung Association in cooperation with the Seattle School system and the United States Department of Health, Education and Welfare, Bureau of Health Education, the program deals with the whole body and the biological, cultural, and social factors that affect it. It has an experiential curriculum format to facilitate individual understanding of and responsibility for health.

This program can be integrated into the total curriculum, rather than treated as an isolated subject. A special feature is the use of the multi-media learning center or station where students can explore, discover and experiment in a hands-on approach to learning.

About 20 published studies and many more studies in schools and school districts have been completed to assess the project's effect on knowledge, attitudes, and practices of people involved - including pupils, teachers, administrators, and parents. Several doctoral dissertations have also analyzed the effectiveness of the methods used.

SCHOOL HEALTH CURRICULUM PROJECT **GRADES: 8 – 7**

DESCRIPTION: The program includes a planned sequential curriculum, a variety of teaching methods, a teacher training program, and strategies for eliciting commuity support for school health education. It involves students, teachers, educational administrators and other school staff, community health personnel, and the families of participating students. Through group and individual activities, children learn about themselves by learning about their bodies.

The program comprises one 10 to 12-week unit for grades five and six and a semester course for grade seven. Grade five studies the respiratory system; grade six, the circulatory system; and grade seven, the nervous system. Every unit emphasizes the relationships between one's own behavior and the functioning of the system under study. Access to a variety of stimulating learning resources, including audiovisuals, models, community health workers, and reading materials, is abundantly provided. The curriculum is designed to integrate with the lives and personality development of children by providing situations in which they may assume responsibility, research ideas, share knowledge, discuss values, make decisions, and create

activities to illustrate their comprehension and internalization of concepts, attitudes and feelings. It can support school subjects such as reading, writing, arithmetic, physical education, science, and the creative arts.

The teacher uses a learning center approach, which allows children to move about the room, explore resources, and work together in groups. During training, teachers are given packets of materials that help them develop and explain health-related concepts to students. All classroom work is described in the packets, and supplemental ideas are included for variety.

Both programs of the American Lung Association received national validation and are funded through the Department of Education as federally validated developer/demonstrator projects. Information on cost, procedures for adopting, and technical assistance is available from the New Jersey National Diffusion Network (NDN) State Facilitator, and the contact listed below.

DISTRICTS CURRENTLY USING THE PROGRAM: Woodbridge Township Schools, Franklin Township Schools, Paterson Schools, South Brunswick Schools, Trenton Schools

CONTACT:

Ruth Wurst
Program Consultant
American Lung Association of New Jersey
2441 Route 22 West
Union, New Jersey 07083
201-687-9340

PREVENTION PROGRAMS
BROAD BASED,
SOCIAL ADJUSTMENT

TITLE: IMPROVING SOCIAL AWARENESS – SOCIAL PROBLEM SOLVING PROJECT (ISA – SPS)

GRADES: 4 – 8

TYPE: PREVENTION PROGRAM – BROAD BASED, SOCIAL ADJUSTMENT

DESCRIPTION: Rutgers University Mental Health Center and Psychology Department and the Community Mental Health Center of the Rutgers Medical School, in cooperation with the Middlesex Borough and South Plainfield school districts, developed a prevention curriculum program for grades four through eight.

Designed to meet the needs of elementary and special education students, the curriculum is built on the premise that children must be taught how to think critically and how to make choices and decisions. Students in grades four and five are exposed to a structured problem-solving curriculum which can be directed toward discipline, substance abuse, smoking, or any other problem situations that students and teachers feel are important to them. The activities may be used in social studies or language arts classes.

Training for interested educators is offered by the Continuing Education Program at the Graduate School of Applied and Professional Psychology at Rutgers University at a cost of $125 per person. Copies of the curriculum are made available to trainers after the training has been completed. Project personnel periodically visit participating schools to provide follow-up consultation and to ensure that program concepts are carefully followed.

The project is funded by the William T. Grant Foundation and the National Institute of Mental Health. Additional information may be secured from Maurice Elias, Ph.D. of Rutgers University.

DISTRICTS CURRENTLY USING THE PROGRAM: Middlesex Borough Public Schools, South Plainfield Schools

CONTACT:

Maurice J. Elias, Ph.D.
John F. Clabby, Ph.D.
Rutgers University
Department of Psychology
Tillett Hall, Livingston Campus
New Brunswick, New Jersey 08903
201-932-2444

Mario Barbiere, Principal
South Plainfield Schools
Cromwell Place
South Plainfield, New Jersey 07080
201-754-4620, Ext. 308

Tom Schuyler
Mauger Middle School
Fischer Avenue
Middlesex, New Jersey 08846
201-356-6108

TITLE: STATEWIDE COMMUNITY ORGANIZATION PROGRAM (S. C. O. P.)

TYPE: PREVENTION PROGRAM – BROAD BASED, SOCIAL ADJUSTMENT GRADES: K – 12

DESCRIPTION: S.C.O.P., "Statewide Community Organization Program," a program of the prevention unit of the Division of Narcotics and Drug Abuse, New Jersey Department of Health, is primarily concerned with community organization and their necessary actions to problem solve. Key components are the involvement of citizens in the recognition of problems; the establishment of dialogue; and the general feeling that community members can take an active role in improving problem situations.

Training workshop goals are:

1. To familiarize participants with the philosophy, rationale, and methods used by the trainers in coordinating services and thereby reducing problems of school, of criminal justice, and of community adjustment (i.e., vandalism, truancy, drug addiction, alcoholism, family crisis).

2. To share with other community teams skills in community organizing, program planning, problem solving, team building, and grantsmanship.

3. To share some specific prevention programs and to discuss and plan procedures whereby similar programs can be established by participants in their own districts.

4. To create a trusting and knowledgeable relationship among the members of the community team.

The SCOP training team believes that the key to prevention lies in having a representative community team define and clarify its problems. The team then works on addressing these problems on different fronts, working closely with the chief of police, superintendent of schools, youth, elected officials and other community decision makers in planning, developing and enlarging an interlocking network of community support systems. SCOP training is held in various locations throughout the state. Directions and more specific information are provided upon training acceptance.

Who Should Participate?

Each community forms a team of six professionals and volunteers, including elected officials whenever possible. The community is encouraged to send representatives from the school system, police department, as well as the community-at-large. Recognizing the difficulty in formulating a six-member team which reflects the community, S.C.O.P. intentionally requires, minimally, one person from the community institutions and groups.

Application to participate in this program must be made to the Chief of Prevention, Division of Narcotics and Drug Abuse Control, New Jersey State Department of Health, 129 East Hanover Street, Trenton, New Jersey 08608.

DISTRICTS CURRENTLY USING THE PROGRAM: Used widely throughout New Jersey.

CONTACT:

Charles A. Currie
Chief of Prevention
Division of Narcotics & Drug Abuse Control
129 East Hanover Street
Trenton, New Jersey 08608
609-292-4414

TITLE: PRIMARY MENTAL HEALTH PROJECT (PMHP) **GRADES: K – 3**

TYPE: PREVENTION PROGRAM – BROAD BASED, SOCIAL ADJUSTMENT

DESCRIPTION: The Primary Mental Health Project (PMHP) is a program for early detection and prevention of school adjustment problems.

PMHP is directed toward children in kindergarten through third grade, since this age group offers the best possibilities for assistance before school adjustment problems take hold.

The process begins with early detection of adjustment problems in kindergarten and first grade children, based on screening by the school psychologist, interviews with parents by social workers, and teacher behavior rating measures. Following identification of participants, goals for the child are established and a child-aide is assigned to work with the child outside the classroom for 30 to 45 minutes once or twice a week.

Aides are trained, supervised paraprofessionals, selected on the basis of personal maturity, experience, and the ability to relate to children.

Children with adjustment problems, aggressive, disruptive behavior, shy withdrawn behavior, and some learning problems are helped in this program. Families in crisis situations (e.g., illness, death, divorce) are encouraged to involve their children.

The program has been carefully researched and is low in cost (the average cost for a single primary prevention program child is less than $200). The program was developed at the University of Rochester, New York, in cooperation with the Rochester City School District and the Board of Cooperative Education Services.

DISTRICTS CURRENTLY USING THE PROGRAM: Gloucester Township Schools, Bergenfield Schools

CONTACT:

Dr. George F. Bigge, Jr.
Glendora School
209 Station Avenue
Glendora, New Jersey 08029
609-227-1400

Raymond J. Taylor
Special Education Services
Franklin School
Bergenfield, New Jersey 07621
201-385-6956

Professor Emory Cowen
Primary Mental Health Project
Center for Community Study
575 Mt. Hope Avenue
Rochester, New York 14620
716-275-2547

TITLE: PERSONAL DEVELOPMENT PROGRAM (P. D. P.) **GRADES:** 9 – 12

TYPE: PREVENTION PROGRAM – BROAD BASED, SOCIAL ADJUSTMENT

DESCRIPTION: The high school students Personal Development Program (P.D.P.) is designed to help ninth graders answer questions about themselves, their needs and their responsibilities. Personal contact between older and younger adolescents is basic to the program, and is accomplished through a systematic training and involvement of high school sophomore students in a leadership capacity. Student training, which includes a three-day retreat takes place over a period of several weeks.

Topics covered in the training are described in a specially prepared booklet. Discussion topics include substance abuse, smoking, peer pressures, general adjustment, family related problems, school problems, dating, and the loss of a friend or a loved one. Field day activities help to enforce relationships between the peer leaders and the younger students. Faculty volunteers serve as advisors to the peer leaders and assist in training older students.

Should a student or leader need professional assistance, a referral may be made to one of the faculty advisors, a guidance counselor, the school nurse, a learning disability specialist, or teacher. The program uses the concept of peer group pressure in a positive way, encouraging emulation of upperclassmen as role models.

The Madison program is unique in that it is student-designed and student-run. Program costs are limited to stipends for faculty advisors, rental fees for retreat facilities, speaker fees and printing. The program is supported by the local board of education.

DISTRICTS CURRENTLY USING THE PROGRAM: St. Mary's High School, Jersey City; Princeton High School; Parsippany Hills High School; Chatham Borough; Sparta High School; Madison High School.

CONTACT:
Ralph McCabe
Madison High School
Ridgedale Avenue
Madison, New Jersey 07940
201-377-3900

TITLE: THE PEER HELPING PROGRAM **GRADES:** K – 12

TYPE: PREVENTION PROGRAM – BROAD BASED, SOCIAL ADJUSTMENT

DESCRIPTION: Originally a Title IV-C program which looked at ways to help the desegregation process in the Bayonne schools, the Peer Helping Program has grown in scope and now deals with family life/sex education and drug and alcohol abuse. It emphasizes developing the human relations skills of the students and reinforcing and using these skills. A cadre of students is trained in each Bayonne school every year in such skills as: showing peers how to get along with each other; increasing students' self-respect and respect for the school environment; public speaking and discussion; self-confidence; and organizing school projects. Two volunteer teachers receive special training which enables them to supervise the group. This training, called "Project Respect," is followed by "Project Action" where students initiate and carry out school improvement projects using the skills they have learned. Elementary students meet during lunch with supervisors, while high school students meet after school. One project had elementary students going into lower grade classrooms to present a drug abuse program. The program is completely funded by the Bayonne Board of Education.

DISTRICTS CURRENTLY USING THE PROGRAM: Bayonne Public Schools

CONTACT:

James Wasser
Peer Helping Program Director
Bayonne Public Schools
Administration Building
Avenue A and 29th Street
Bayonne, New Jersey 07002
201-858-5858
201-858-5925

INTERVENTION PROGRAMS

TITLE: WILLINGBORO SCHOOL HOUSE **GRADES:** 7 – 9

TYPE: INTERVENTION – ALTERNATE SCHOOL

DESCRIPTION: Now in its fourteenth year, the Willingboro School House is a coed alternate school program for 7th to 9th grade students who are "turned off" by the regular school program. Students recommended by school counselors attend for one or two years in a climate that allows most of them to handle their problems better while attending high school. Although many participants in this program have a history of substance abuse, students with severe substance abuse problems are not recommended for this program, nor are students with serious learning handicaps. A student's participation is determined after a conference with the school director, the parents and the student.

Located in a separate setting, the school has a structured program which includes regular subjects, a shop experience, and an emphasis on writing. The school contains five groups of students, each with a counselor/teacher who serves as a homeroom teacher. Students have individual schedules, with heavy emphasis on counseling. The counselor/teacher and the school director provide formal and informal one-to-one counseling, with a therapist available for group counseling. The school works closely with community, social and correction agencies.

In a 1977-79 survey among graduates, it was found that 67 percent of the students functioned well in this high school program. The program is financed by the Willingboro Board of Education.

DISTRICTS CURRENTLY USING THE PROGRAM: Willingboro Public Schools

CONTACT: Mr. Joseph Pezzullo, Program Director
Levitt Administration Building
Salem Road
Willingboro, New Jersey 08046
609-871-9000 - Ext. 324

TITLE: STUDENT ASSISTANCE RESOURCE PROGRAM **GRADES: 9 – 12**

TYPE: INTERVENTION – STUDENT ASSISTANCE

DESCRIPTION: This faculty-run program for high school students is directed by the school social worker. Eighteen teachers from the various departments, including guidance, child study team and administration, receive training and serve as volunteer counselors. Staff are trained by personnel from the New Jersey Departments of Health and Education. The counselor training emphasizes techniques for interviews, drug and alcohol information, and other health-related problem areas.

Developed in the North Bergen High School, the program addresses student problems in six major target groups:

1. Students whose use of substances is causing severe problems in their lives are recommended to the counseling team by staff members, students, parents or other agencies. They are then referred to an appropriate agency for formal assessment and treatment.

2. Students with less severe substance abuse problems may also be recommended for screening and further counseling by the program staff.

3. Students who exhibit problems related to the use of substances by family members or others are referred to team members for assistance.

4. Students who previously experienced substance abuse problems and have undergone treatment receive after-care or re-entry counseling.

5. A program for students not involved in substance abuse is offered as a support measure.

6. The program also assists students having problems with alienation, discipline or attendance. Referrals may be made as a prevention measure in these cases.

The counselor training emphasizes knowledge of addictive diseases and the techniques and procedures for effective team activities. Five general factors contribute to the success of this program:

1. The team's efforts are enhanced by board of education support, knowledge of the program, and the establishment of appropriate policy based on the current laws and regulations.

2. There is recognition that most situations are best resolved by establishing a cooperative relationship with students, parents and other agencies, and the community.

3. The team works within its stated structure, following established procedures and lines of communication.

4. Individual students' needs are the primary consideration in all cases.

5. The major objective of the program is to maintain a hygienic learning environment, to achieve its aim of improving the learning environment for all students.

The program is locally financed.

DISTRICTS CURRENTLY USING THE PROGRAM: North Bergen High School

CONTACT:

Ralph Marino, Coordinator
North Bergen High School
7417 Kennedy Boulevard
North Bergen, New Jersey 07047
201-868-1000, Ext. 228

TREATMENT PROGRAMS

TITLE: THE BRIDGE **AGES:** 14 – 17 YEAR OLDS

TYPE: TREATMENT PROGRAM

DESCRIPTION: The Bridge, Inc. of Caldwell provides drug and alcohol abuse prevention services to youths ages 14 to 17 who are experiencing problems with family, school or law agencies. The program uses a variety of approaches that includes in-house programs and the Outreach public school program. Open communication is maintained with local public agencies to enhance coordination of referral procedures.

Bridge counselors work in surrounding senior and junior high schools, providing direct counseling and outreach services. Clients or families are referred to The Bridge Substance Abuse Prevention Project by the counselors, other school personnel and community agencies. A comprehensive assessment is used to determine the treatment needs of the client.

The program provides short-term, (6 to 10 weeks) intervention programs which include services and activities best suited to the client's or family's needs. Programs may include individualized and situational counseling, group counseling, and recreational services.

The Post Intervention program provides for peer support through a group called "The Friends Club," organized by the school-based Bridge Counselors to help students maintain the progress that has been made during intervention. Follow-up activities are also conducted periodically with law and other referral agencies. Costs are based on the person's ability to pay and in accordance with agreements with the local district.

DISTRICTS CURRENTLY USING THE PROGRAM: Caldwell Area Schools

CONTACT:
Mary B. Dusch, Executive Director
Edward A. Fox, Program Director
The Bridge
9 Park Avenue
Caldwell, New Jersey 07006
201-228-3000

TITLE: CORNER HOUSE **AGES:** HIGH SCHOOL TO ADULT

TYPE: TREATMENT PROGRAM

DESCRIPTION: This program provides an operational model for school districts that wish to establish an ongoing working relationship with private treatment facilities in their area. Corner House, a private outpatient service whose clients range from 13 to 28 years of age, treats life problems that cause anxieties, focusing on drug and alcohol abuse. Clients are referred by schools, parents or by themselves. Clients participate in a comprehensive intake interview which is reviewed by the staff. The interview determines the nature of the treatment, which could be individual, group, or family counseling or a combination thereof. A peer support group supervised by the professional staff, meets regularly and helps build trust among the clients. Groups comprise 10 to 15 clients who are attempting to eliminate drug problems.

In operation for 11 years, Corner House serves school districts in the Mercer County area. Presently 170 people, including parents, are involved in the Corner House program. Costs are based on the number of family participants, and fees can run from 0 to $50 per hour for services rendered.

DISTRICTS CURRENTLY USING THE PROGRAM: School Districts in the Mercer County area include: Princeton Borough, Princeton Township, West Windsor-Plainsboro Township, East Windsor Township, Lawrence Township.

CONTACT:
Mr. Tom Baskette, Director
369 Witherspoon Street
Princeton, New Jersey 08540
609-924-8018

TITLE: LINKS – MONMOUTH CHEMICAL DEPENDENCY TREATMENT CENTER, INC. **GRADES:** HIGH SCHOOL

TYPE: TREATMENT PROGRAM

DESCRIPTION: LINKS provides school districts with a broad range of services for drug and alcohol prevention, intervention, treatment and follow-up. Though it offers in-service training, curriculum development, and community outreach programs, its "Intervention Counselor" program separates it from other agencies offering similar services. A school can have a LINKS "Intervention Counselor" assigned on a regular basis who is especially trained to provide services to individual students, groups, teachers and parents which impact on drug and alcohol use. Through its association with the Monmouth Chemical Dependency Treatment Center, LINKS can offer students the opportunity of an alternative six to eight week residential program whereby their educational and medical needs are being met while they are receiving treatment. These students are eased back into the school system through the After Care Program which prepares them to return to home and school. Costs for the Intervention Counselor Program depend on contract arrangements with local districts. Hospitalization plans often cover much of the medical/residential costs.

LINKS is presently working with 18 schools in Monmouth County on substance abuse education intervention. It also administers the Monmouth County High School Task Force on Drinking and Driving which involves 25 high schools.

Under LINKS Program sponsorship, the Monmouth County High School Task Force on Drinking and Driving has been organized and is presently operating. The Task Force interacts with all the secondary schools in Monmouth County on the issue of drinking and driving programs; participates in a series of public service announcements; and provides a comprehensive listing of adolescent substance abuse treatment-intervention facilities. Faculty advisors from each of the participating high schools attend its meetings with student representatives. Additional information may be secured from their program coordinator.

DISTRICTS CURRENTLY USING THE PROGRAM: Long Branch area high schools on a contractual basis.

CONTACT:
Ms. Joan A. Spinelli, Coordinator
Links Program
152 Chelsea Avenue
Long Branch, New Jersey 07740
201-222-5190

MULTI-FACETED PROGRAMS

TITLE: ALCOHOL – SUBSTANCE ABUSE PROGRAM – ASAP **GRADES:** K – 12

TYPE: MULTI – FACETED

DESCRIPTION: ASAP is a comprehensive K-12 alcohol/drug prevention program designed to foster an environment which reinforces healthy living, responsible decision making and positive self-image development. The program achieves these goals through varied activities, most significant of which is a peer education program, T.E.A.M. (Teens Educating on Alcohol Misuse), which trains teens to conduct alcohol and substance safety education classes in the elementary schools with a follow-up program in the intermediate schools. Lesson plans have been developed by T.E.A.M. for 5th through 7th grades. In-service programs for faculty, a faculty advisory committee, a resource center, and community involvement are other elements of the program. ASAP is developing an intervention and support system network within the district which provides counseling by trained professionals to students experiencing the effects of substance abuse. The program is locally financed.

DISTRICTS CURRENTLY USING THE PROGRAM: Toms River District Schools

CONTACT:
Ms. Carolyn Hadge - ASAP Coordinator
Toms River Intermediate East
1519 Hooper Avenue
Toms River, New Jersey 08753
201-341-9200 Ext. 406

TITLE: CHEMICAL HEALTH AND INTERVENTION PROGRAM (CHIP)

GRADES: K – 12

TYPE: MULTI – FACETED

DESCRIPTION: The Union Chemical Health and Intervention Program, CHIP, includes a K-12 prevention curriculum, a student intervention and referral component, and an employee assistance program. The program is managed by a full-time coordinator and secretary; a part-time counselor is located in each of the district's two junior high schools.

The "Here's Looking at You, Two" curriculum is used in all of the district's schools. A comprehensive program, it has been cited as a model program by the National Institute of Alcohol Abuse and Alcoholism (N.I.A.A.A.). Staff in-service for this program and for the other components is conducted by the district coordinator.

The CHIP program uses a variety of referral procedures. Students may personally seek assistance or they may be referred by school administrators, staff members or parents. Counseling, however, is required when students have been involved in drug or alcohol-related incidents. Students that have parents with a dependency problem are invited to attend ALATEEN sessions held weekly in the evening at the local high school.

The school board Employee Assistance Program, based on the philosophy of progressive unions and corporations, provides assistance to school employees and staff, if needed. The program recognizes chemical dependency, including alcoholism, as a disease which can be treated. Employees and their families are encouraged to participate in rehabilitation and treatment through the CHIP program.

Policy statements explaining the CHIP program are circulated throughout the district. Program costs include salaries for a full-time coordinator, two part-time counselors and cost of curriculum materials.

DISTRICTS CURRENTLY USING THE PROGRAM: Township of Union Public Schools

CONTACT:
Gordon R. LeMatty, Coordinator
Union High School
Union, New Jersey
201-688-1200

TITLE: SERVICES TO OVERCOME DRUG ABUSE AMONG TEENAGERS – SODAT

GRADES: JR. H.S. – H.S.

TYPE: MULTI – FACETED

DESCRIPTION: SODAT (Services to Overcome Drug Abuse Among Teenagers) provides a broad range of consulting services to districts in Camden, Gloucester and Salem counties. Both prevention and intervention approaches are used, with emphasis on individual and, when appropriate, group and family counseling. SODAT offers speakers, workshops, films, and written materials to districts and parent groups as well. Districts can use either SODAT which focuses on treatment, or S.N.A.P.P. (SODAT Network of Action/Prevention Project) which focuses on prevention, to provide individual student drug counseling, or a comprehensive drug curriculum for the district. Costs for services vary with the type of service. Additional information may be secured from A. Carol Rende at the Woodbury office.

DISTRICTS CURRENTLY USING THE PROGRAM: Gateway Regional H.S., Clearview H.S., Highland H.S., Deptford H.S., West Deptford H.S., Woodbury H.S.

CONTACT:
A. Carol Rende
Administrative Assistant
SODAT, Inc.
124 N. Broad Street
Woodbury, New Jersey 08096
609-845-6363

Curriculum Program Matrix

Program	Type	Grade Level	Districts Using	PAGE
Here's Looking at You, Two	Prevention Substance Abuse	K-12	Toms River Haddon Twp. Union Twp. Manchester Valley Regional East Windsor	6
Cambridge and Somerville Program for Alcohol Rehabilitation*	Prevention Substance Abuse	3-12	Check NDN for information	7
Me/Me, Inc.*	Prevention Substance Abuse	K-6	Ridgefield-Slocum/Skewes School Check NDN for information	8
Ombudsman*	Substance Abuse	5-6	Check NDN for information	9
CHUG	Prevention Substance Abuse	2-5	Carlstadt-Wenonah Kits distribution to 2800 elem. schools	10
Stop and Think	Prevention Substance Abuse	7-12	Brick Twp. Voorhees H.S. Boonton H.S. Parsippany H.S. Point Pleasant Beach H.S.	11
Starting Early	Prevention Substance Abuse	K-6	Used in many N.J. schools	12
Al-Co-Hol	Prevention Substance Abuse	6-8	Used in many N.J. schools	12
Alcohol Counter-measures for High School Driver Education	Prevention Substance Abuse	9-12	Distributed in Bergen, Essex, Morris and Union Counties	12

*NDN Program

Program	Type	Grade Level	Districts Using	PAGE
Early Start to Good Health	Prevention Tobacco Smoking	K-3	Used in many N.J. schools	16
Health Network	Prevention Tobacco Smoking	4-6	Used in many N.J. schools	16
*Cigarette Smoking-Take It or Leave It	Prevention Tobacco Smoking	7-9	Used in many N.J. schools	16
Who's in Charge Here?	Prevention Tobacco Smoking	9-12	Used in many N.J. schools	16
Primary Grades Health Curriculum Project*	Prevention Tobacco Smoking	K-3	Check NDN for information	18
School Health Curriculum Project*	Prevention Tobacco Smoking	5-7	Check NDN for information Paterson Schools South Brunswick Trenton	18
Improving Social Awareness - Social Problem Solving Project	Prevention Program-Broad Based, Social Adjustment	4-8	Middlesex Boro S. Plainfield	22
Statewide Community Organization Program	Prevention Program-Broad Based, Social Adjustment	all grades	Used in many N.J. schools	23
Primary Mental Health Project	Prevention Program-Broad Based, Social Adjustment	K-3	Gloucester Bergenfield	25
Personal Development Program	Prevention Program-Broad Based Social Adjustment	9-12	Madison H.S.	26

* NDN Program

Program	Type	Grade Level	Districts Using	PAGE
Peer Helping Program	Prevention Program-Broad Based, Social Adjustment	K-12	Bayonne H.S.	27
Willingboro School House	Intervention/ Alternative School	7-9	Willingboro Twp.	30
Student Assistance Resource Program	Intervention Student Assistance	9-12	North Bergen H.S.	31
Bridge	Treatment Program	14-17 year olds	Caldwell	34
Corner House	Treatment Program	H.S. Adult	Princeton	35
LINKS - Monmouth Chemical Dependency Treatment Center	Treatment Program	H.S. Adult	Long Branch Mon. County	36
Alcohol Substance Abuse Program	Multi-Faceted Program	K-12	Toms River	38
Chemical Health and Intervention Program	Multi-Faceted Program	K-12	Union	39
Services to Overcome Drug Abuse Among Teenagers	Multi-Faceted Program	6-12	Woodbury H.S. Gateway Reg. H.S. Clearview H.S. Highlands H.S. Deptford H.S.	40

*NDN Program

Appendix

DRUG AND ALCOHOL INITIATIVE INTERDEPARTMENTAL PLANNING COMMITTEE

William Burcat	New Jersey Department of Education RCSU-South
Mark Byrne	New Jersey Department of Health Division of Alcoholism
Florence Cucchi	New Jersey Department of Education Division of General Academic Education
Charles A. Currie	New Jersey Department of Health Division of Narcotics and Drug Abuse
Nicholas Gentile	New Jersey Department of Education Division of General Academic Education
Robert Goger	New Jersey Department of Education RCSU-North
Claudia Grauf-Grounds	New Jersey Department of Education Division of General Academic Education
Eileen Isaacson	New Jersey Department of Health Division of Narcotics and Drug Abuse
John Loeb	New Jersey Department of Health Division of Narcotics and Drug Abuse
Matthew Martin	New Jersey Department of Health Division of Narcotics and Drug Abuse
Walter McCarroll	New Jersey Department of Education Division of County and Regional Services
Riley Regan	New Jersey Department of Health Division of Alcoholism
Barry Rockoff	New Jersey Department of Health Division of Narcotics and Drug Abuse
Richard J. Russo	New Jersey Department of Health Division of Alcohol, Narcotics and Drug Abuse
W. Randolph Schaeffer	New Jersey Department of Education Division of General Academic Education
Barry Ward	New Jersey Department of Education RCSU-Central
Harriet Doss Willis	New Jersey Department of Education Division of General Academic Education

NEW JERSEY ALCOHOL EDUCATION AND PREVENTION PROJECT
COUNTY COUNCILS ON ALCOHOLISM

BERGEN COUNCIL ON ALCOHOLISM
P.O. Box 313
Leonia, New Jersey 07605
(201) 261-2183
Bill Tackman, Executive Director

CAPE MAY COUNCIL ON ALCOHOLISM
Cape May County Health Department
Crest Haven Complex
Garden State & Crest Haven Road
Cape May County Court House, New Jersey 08210
(609) 465-2282 Jim Huber, Executive Director

HUNTERDON COUNCIL ON ALCOHOLISM
8 Main Street
Flemington, New Jersey 08822
(201) 782-3909
Maryjane Finke, Executive Director

MERCER COUNCIL ON ALCOHOLISM
408 Bellevue Avenue
Trenton, New Jersey 08618
(609) 396-5874
Kay McGrath, Executive Director

MIDDLESEX COUNCIL ON ALCOHOLISM
3060 Highway #27
Kendall Park, New Jersey 08824
(201) 246-1450
Marcia Smith, Executive Director

NATIONAL COUNCIL ON ALCOHOLISM OF NORTH JERSEY, INC.
60 South Fullerton Avenue
Montclair, New Jersey 07042
(201) 783-9313
Nancy Brach, Executive Director

NATIONAL COUNCIL ON ALCOHOLISM OF MONMOUTH COUNTY, INC.
90 Monmouth Road
Red Bank, New Jersey 07701
(201 741-5200
Barry Johnson, Executive Director

NATIONAL COUNCIL ON ALCOHOLISM OF MORRIS COUNTY, INC.
Thebaud Bldg., 95 Mt. Kimble Avenue
Morristown, New Jersey 07960
(201) 267-8887
Frances Flynn, Executive Director

NATIONAL COUNCIL ON ALCOHOLISM OF OCEAN COUNTY, INC.
528 River Avenue
Lakewood, New Jersey 08701
(201) 367-5515
Majken Blomkvest, Executive Director

SALEM COUNCIL ON ALCOHOLISM
Lakeview Complex
R.R. #2, Box 346
Woodstown, New Jersey 08098
(609) 769-4286
Angela Italiano, Executive Director

SOMERSET COUNCIL ON ALCOHOLISM
104 Rehill Avenue
Somerville, New Jersey 08876
(201) 722-4900
Fred Reihl, Executive Director

SOUTH JERSEY COUNCIL ON ALCOHOLISM
207 Delsea Drive, Rt. 47
RD #4, Box 209
Sewell, New Jersey 08080
(609) 848-4660
Chris Samburg, Executive Director

SUSSEX COUNCIL ON ALCOHOLISM
29 Libert Street
Newton, New Jersey 07860
(201) 383-4787
Francesca Cappelletti, Exec. Director

UNION COUNCIL ON ALCOHOLISM
300 North Avenue East
Westfield, New Jersey 07090
(201) 233-8810
Gladys Kearns, Executive Director

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NEW JERSEY STATE DEPARTMENT OF HEALTH
DIVISION OF ALCOHOLISM

NARCOTICS AND DRUG ABUSE AGENCIES

Sponsored by:
New Jersey State Department of Health
Division of Narcotics and Drug Abuse

New Jersey's Drug Abuse Communication Network Clearinghouse (DRACON)

The DRACON Clearinghouse provide drug information and printed materials to individuals, schools, groups, agencies and the community at large.

The DRACON Clearinghouse provide drug information and printed materials to individuals, schools, groups, agencies and the community at large.

North
Clearinghouse North
Paterson Drug Abuse Clinic
319-321 Main Street
Paterson, New Jersey 07505
(201) 977-0728
Contact Person - Bob Alexander

South
Clearinghouse South I
Cooper Medical Arts Building
300 Broadway - 5th Floor
Camden, New Jersey 08103
(609) 342-3273
Contact Person - John Alden

Clearinghouse South II
New Jersey Department of Education
Regional Curriculum Services Unit, South
Tanyard and Salina Roads
Sewell, New Jersey 08080
(609) 468-6500
Contact Person - Bill Burcat

Clearinghouse Central
New Jersey Department of Health
Division of Narcotics and Drug Abuse
129 East Hanover Street
Trenton, New Jersey 08625
(609) 292-0728
Contact Person - Barry Hantman

Drug and Narcotics Regional Offices

The Regional Offices provide referral inf[illegible]ion for treatment agencies.

Northern Region
Helen Fredericks - Supervisor
Arthur Hartman
20 Evergreen Place
East Orange, New Jersey 07018
201-648-4300

Southern Region
Bernard Daria - Supervisor
501 Cooper Street
Camden, New Jersey 08103
609-757-2860

Central Region
John Marks - Supervisor
Michael Bowen
1200 Memorial Drive
Asbury Park, New Jersey 07712
201-775-6030

ALCOHOLISM
COUNTY COORDINATORS

ATLANTIC

Linda Naughton
Department of Public Health
Stillwater Building - Room 205
Northfield, New Jersey 08225
(609) 345-6700

BERGEN

Richard Ward
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